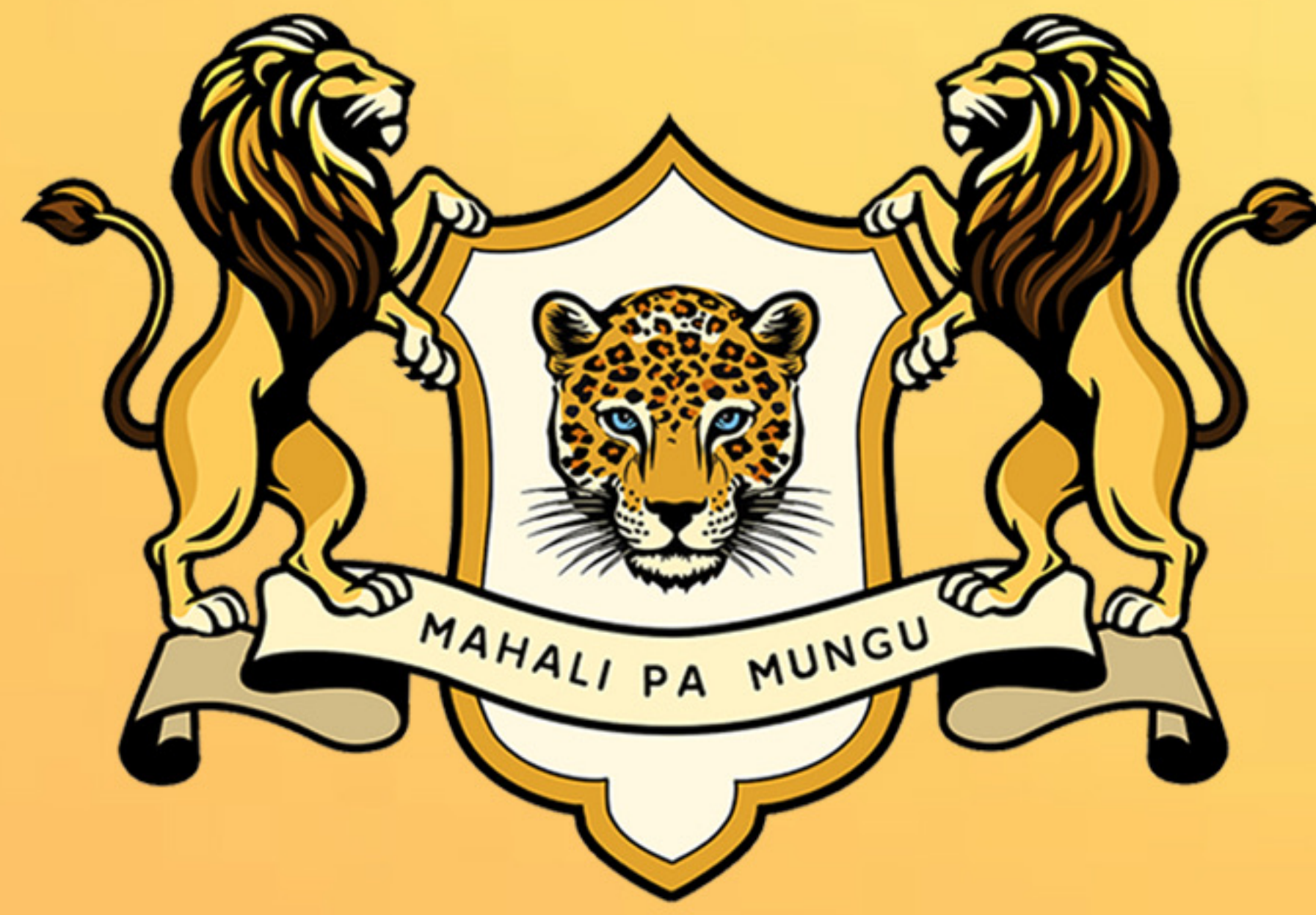




THE AFRICAN SAFARI COLLECTION
HUNTING & EXPEDITION SAFARIS

EXPERIENCE AN AFRICAN SAFARI SPA

AFRICOLOGY®

Inspired By Nature & Everything Healthy & Fresh.

WE NOURISH SKIN WITH VITAMINS, MINERALS & FLOWER OILS.



ENJOY YOUR BUSHVELD MASSAGE
RIGHT HERE AT THE LODGE OF YOUR
CHOICE. WE KNOW YOUR BODY TAKES
A TOLL WITH TRAVELING FAR INTO THE
AFRICAN BUSHVELD. REJUVENATE
YOUR BODY WITH A UNIQUE RANGE OF
PRODUCTS MADE FROM SOLELY FROM
AFRICAN INGREDIENTS. WE KNOW AN
EXCITING DAY OF SAFARI
EXPLORATION CAN BE TIRING. CHOOSE
FROM A VARIETY OF MASSAGES GIVEN
BY THE HIGHLY PROFESSIONAL
AFRICOLOGY TEAM. MAKE TIME TO
RELAX AND ENJOY AFRICA.

Experience True African Luxury

SELECT FROM A WIDE VARIETY OF SPA TREATMENTS AT THE LODGE OF YOUR DESIRE...

AFRICOLOGY®

Capturing The Intelligence of Nature

DESTRESS MASSAGE

60MINS \$90 | 90MINS \$135

Targeting areas that carry stress in the body combined with shea balms infused with healing African potato and essential oils. This treatment starts with a deep tissue back massage followed by a sensory scalp massage and foot massage.

SOUL OF AFRICA BODY JOURNEY®

(Full Body Experience)

90MINS \$145

Africology admires and emulates this ceremonial process, using Africa's miracle Marula oil blended with Neroli to soften signs of ageing through its anti-stress action. This treatment begins with a back exfoliation followed by an application of warm, soothing mud to release tension stored in the muscles, whilst assisting the elimination of toxins in the body. Marula oil is then applied in preparation for your intuitive full body massage. In Africa, Marula is also used to treat sun-damaged skin as it improves skin hydration and helps fight free radicals.

SHEA AROMATHERAPEUTIC

45MINS \$75 | 75MINS \$135

Easy-melting Shea from Ghana, blended with healing African potato, rooibos and natural essential oils creates a sublime, beautiful body experience. Shea, normally as hard as rock, once applied to the skin melts deeply into the upper layers of the dermis to hydrate, soothe and condition. The Shea is combined with your sensory selection of various essential oils such as exotic Jasmine, Neroli, or Chamomile, for a soothing and calming massage or perhaps Black Pepper Balm for a deep tissue experience.

INTONGA AMASATCHI®

(Full Body Experience)

75MINS \$110

We know that the body has a memory of all emotional experiences. An inability to let go often expresses itself in the body that can be blamed for low immunity. Intonga Amasatchi is a deep tissue and stress-relieving treatment. Skillful movements are performed with the hands, and differently sized wooden sticks are used to stretch tight muscles and ease toxic overload from daily stress. Symbolically, the stick or staff represented wisdom and direction to the healer. Created from yellow wood, the traditional healer knew that the energy of earth was a valuable tool.

MUSCLE & JOINT MAGNESIUM THERAPY

30MINS \$55 | 60MINS \$110 | 90MINS \$165

Magnesium's benefits are many. Symptoms and conditions such as chronic pain, fatigue and insomnia, are effectively treated with Magnesium supplementation. Choose either a 60min deep tissue Magnesium massage which induces a state of calm and promises a good night's sleep. Or select the 90min version which includes a steam session in preparation for your Magnesium rich mud pack; effective in soothing a stressed muscular system.

BOOSTERS

15MINS \$25

Hands/ Feet/ Scalp/ Face



Experience True African Luxury